## The Nucleus and Radioactive Decay

Stephen C. Moore, Ph.D.

Nuclear Medicine Division Department of Radiology Brigham & Women's Hospital Harvard Medical School Boston, Massachusetts

### **Reminder: Concept from Special Relativity**

Total energy of a particle = rest-mass energy + kinetic energy

$$E = m_o c^2 + Q$$

- Mass energy of an electron or positron = 511 keV
- Mass energy of a proton = 938.3 MeV
- Mass energy of a neutron = 939.6 MeV
- Mass of a photon (quantum of E.M. radiation) = 0
- Mass of a neutrino (weakly interacting particle)  $\sim 0$

## **Reminder: Atomic Energy Levels**

- Energy levels of atomic electrons are **quantized**.
- Pauli exclusion principle determines max. number per shell





## **Reminder: Standard Notation and Definitions**

(ABR core study guide 17.a.i)

#### Example: Stable gold.

 ${}^{197}_{79}$ Au<sub>118</sub> 79 protons (Z), 118 neutrons (N), 197 nucleons (A)

#### Isotopes, Isotones, Isobars:

**Isotopes:** Same number of protons, e.g.,  ${}^{12}_{6}\mathbf{C}$  and  ${}^{14}_{6}\mathbf{C}$  **Isotones**: Same number of <u>neutrons</u>, e.g.,  ${}^{14}_{6}\mathbf{C}$  and  ${}^{15}_{7}\mathbf{N}$ **Isobars**: Same number of <u>nucleons</u>, e.g.,  ${}^{15}_{8}\mathbf{O}$  and  ${}^{15}_{7}\mathbf{N}$ 

## **Key points: Nuclear Energy Levels and Transitions**

- Nuclear energy levels are also quantized.
- Interpretation is more complex than for atomic levels.
- Electromagnetic and Strong Force compete with each other.
- Most stable arrangement of nucleons yields ground state.
- Excited states are unstable. Generally very short lifetimes before transformation to some other state.

• Metastable states are unstable, but have a long lifetime before transformation. Also called <u>isomeric states</u>. One or more <u>gamma rays</u> are often emitted when a metastable state decays to a more stable state. X-rays arise from <u>atomic</u> transitions, whereas gamma rays arise from <u>nuclear</u> transitions.

• <sup>99m</sup>Tc (metastable) and <sup>99</sup>Tc are isomers of each other.

• 10<sup>-12</sup> seconds is approximate transition from unstable to metastable.

# **Modes of Radioactive Decay**

- Nuclear stability and general concepts
- Effects on chemistry
- $\beta^-$  emission
- $\beta^- + \gamma$  emission
- isomeric transition and internal conversion
- electron capture (EC)
- $\beta^+$  decay and competition with EC
- $\alpha$  decay



(From: http://ec.europa.eu/research/energy/fi/fi\_bs/article\_1172\_en.htm)

#### Nuclear Stability (ABR core study guide 17.a.ii)

- 1. N ~ Z for low Z, stable elements (e.g.,  ${}_{6}^{12}C$ ).
- 2. N ~ 1.5 Z for heavy stable elements (e.g.,<sup>216</sup><sub>83</sub>Bi).
  - Extra neutrons required to overcome repulsive forces from large number of protons in heavy nuclei.
- 3. If N > line-of-stability, nucleus is <u>proton deficient</u>:

 $\rightarrow \beta^{-}$  decay likely  $(n^{\circ} \rightarrow p^{+} + \beta^{-} + \overline{\nu})$ 

- If N < line-of-stability, nucleus is <u>neutron deficient</u>.  $\rightarrow \beta^+$  decay likely  $(p^+ \rightarrow n^o + \beta^+ + \nu)$ (electron capture also likely)
- 4. Even-even nuclei more stable; odd-odd least stable (165 stable e-e, 109 stable e-o; only 4 stable o-o nuclei)
- 5. More tightly bound nuclei (high  $E_b/A$ ) generally more stable.

#### Radioactivity: General concepts (ABR core study guide 17.a.iii)

- 1. Terminology: radioactive nucleus = parent; product = daughter.
- 2. Radioactive decay is **spontaneous** (exact moment not predictable).
- 3. Mass -> Mass + Energy (Q) in radioactive decay (atomic masses)
- 4. Radionuclide (generally preferred term) vs. radioisotope.
- 5. Unique properties of radionuclides:
  - mode of decay and energies of all emissions
  - lifetime (half-life) and transition energy (Q).

#### **Chemistry Considerations**

- Chemical reactions usually involve outermost orbital electrons.
- Radioactive decay primarily involves the nucleus.
- Can generally substitute any isotope (stable or radioactive) in a molecule or in a given chemical reaction.
- Minor exceptions:
  - 1. Isotope effect (purely a mass effect; radioactivity irrelevant)
  - 2. Orbital binding energies can be altered a little by molecular interactions. Therefore, half-life of decays involving orbital electrons can be altered.

## Decay by $\beta$ - emission (ABR core study guide 17.b.iii(a))



# Decay by $(\beta^{-}, \gamma)$ emission (ABR core study guide 17.b.i and 17.b.iii(a)) $(n^{\circ} \rightarrow p^{+} + \beta^{-} + \overline{\nu})$ $\stackrel{A}{_{Z}} X \stackrel{\beta^{-}}{\longrightarrow} \stackrel{A}{_{Z}+1} Y^{*} \stackrel{\gamma}{\longrightarrow} \stackrel{A}{_{Z}+1} Y$



Another nuclear medicine example: <sup>131</sup>I

## **Isomeric Transition (IT) and Internal Conversion (IC)**

(ABR core study guide 17.b.iv)

$${}^{A}_{Z+1}Y^* \xrightarrow{\gamma} {}^{A}_{Z+1}Y$$

metastable state



(no change in Z)



K-shell conversion yield  $\alpha_{\rm K} = \text{prob}(\text{ce-K})/\text{prob}(\gamma)$ 

(Internal conversion is followed by emission of characteristic x-rays and/ or Auger electrons.)

## Decay by electron capture (EC) (ABR core study guide 17.b.iii(c))



EC nuclear medicine examples: <sup>67</sup>Ga, <sup>111</sup>In, <sup>123</sup>I, <sup>201</sup>Tl

## Decay by positron emission (ABR core study guide 17.b.iii(b))



Another nuclear medicine example: <sup>13</sup>N

# Competitive $\beta^+$ and EC decay

(ABR core study guide 17.b.iii(b) and 17.b.iii(c))



Another nuclear medicine example: <sup>11</sup>C

# Decay by $\alpha$ -particle emission

(ABR core study guide 17.b.ii))

 ${}^{A}_{Z}X \xrightarrow{\alpha} {}^{A-4}_{Z-2}Y$ 

(Some  $\alpha$ -emitters may be useful for radiation therapy.)