

Nanny:

Advantages:

- No time wasted in pick up and drop off
- More flexible hours with earlier start and later end time than daycare
- Child gets to be comfortable in their own home.
- Can get help with household tasks including for yourself/husband

Disadvantages:

- Trust someone in your own home
- Child/ren may not interact as much with other children and have as much structured/learning activity
- Have to manage an employee
- May have to pay taxes if you choose
- Have to figure out backup care if sick or on vacation

Think about your requirements in terms of pay, holidays, working hours, responsibilities and make that a given for the job instead of starting a negotiating stance early in the relationship

Typically 2 children in daycare= 1 nanny

How to Find a Nanny:

- BWH has a nanny resource email list for people who no longer need their nanny or who are requesting one
[Subscribe to the Nanny Network](#)
[Nanny Network Email Archive](#)
- Consider agency if you have very specific requirements (ethnicity, working conditions, etc)
- Google park slope parents for an in depth guide on hiring a nanny
- Talk to people
- American Nanny Network for Harvard employees
- care.com

Traditional Daycare:

- put your names down on the list as soon as you are pregnant
- vaccinations 2 months
- think of backup options if child is sick and holidays
- defined pick up and drop off times which fines if you are late
- strict sick care rules
- have to make meals
- less personal care
- lots of arts and crafts activities
- outdoor activities lots of holidays where they are closed like veterans day
- [Day Care Options at BWH and Other Partners Hospital](#)

Home daycare:

- At the caretakers house and nationally certified
- Some of them will provide meals

- Often take kids when they are sick
- Smaller teacher to student ratio typically

Au-pair

culturalcare.com

- pay \$200-300 initially to get access to the database. You can search it however you want
- they are <27 years old
- they are already vetted by the company
- interview over skype
- you can hold them for 1-2 day
- total of \$8000 you pay to the company for the tickets
- you pay the au par \$200/week, own separate room, and food
- their experience typically includes baby sitting experience kids of family and friend. They don't have professional experience. they usually have a bunch of siblings.
- Can take care of them sick at any hour. Only responsibility is your kid
- Make kids food, kid's laundry, and drive the kids around. Technically they aren't supposed to do chores
- 45 hours a week which is strict. The ones from latin American will work additionally for pay
- 1.5 days off a week
- full weekend off a month
- check out how long they have had their driver's license
- they aren't allowed to take care of newborns

Emergency backup care:

care.com

- prescreened
- sick care
- \$16/hr, subsidized
- keep updating until they find you a caretaker which can take a couple of hours. Better for the next day.

partners backup daycare [Back Up Child Care](#)

- NOT sick care
- \$8/hr, call one day ahead for brigham and MGH

Misc:

Shepard is a ride sharing app of land rovers for kids