

Matt's Menu

Welcome to Boston! During your time at BWH Radiology you will have the opportunity to explore some fantastic restaurants – from cheap eats to decadent splurges, here are some favorites, with an emphasis on a large variety of outstanding foods that you might not be able to easily cook yourself, courtesy of Matt Haber and the Wellness Committee!

James Hook and Co

Cuisine: Seafood

Neighborhood: Downtown (Financial District/Seaport)

Location: 15-17 Northern Ave.

Price: \$\$\$

Summary: THE place for authentic New England seafood



Since moving to Boston I have long searched for the best lobster roll. I thought all had been lost, until I came across this seafood mecca. This is it my friends: the mother of all lobster rolls, and while a relatively pricey option on this list, it is well worth the \$24 for a large, which can feed two people. The meat is full of flavor, and is

not overpowered by the butter in the roll, a common folly among weak imitators. The crab cakes and clam chowder are outstanding as well. Pass on Quincy Market and try James Hook and Co – you will not be disappointed!

Habanero

Cuisine: Central American/Mexican

Neighborhood: Allston

Location: 166 Brighton Ave.

Price: \$

Summary: Hole in the wall place with authentic Central American/Mexican food on the cheap

This hidden gem favorite defines what makes Allston, in this resident's humble opinion, the go to



place for the best food in Boston – both in terms of taste and value. Here they serve casual Mexican favorites like quesadillas and enchiladas for \$7 each, as well as less common Central American delicacies, such as the Salvadorean pupusas for just \$1.75. Portions are huge, without skimping on quality. Take my word for it – you'll never go back to Chipotle again.

Rami's

Cuisine: Middle Eastern

Neighborhood: Coolidge Corner (Brookline)

Location: 324 Harvard St.

Price: \$

Summary: Best Falafel in the Boston Area. Period.

When I left New York for Boston one of my two biggest fears was not being able to find any good falafel, knowing this Middle Eastern delicacy is so difficult to get right (keep reading for the other biggest fear). Without hesitation I can state that Rami's gets it exactly right, earning its widely regarded reputation as the best falafel in the Boston area. \$8 for falafel in a warm, fresh pita is not a bad deal for the quality they serve, and be sure to have it with their outstanding hummus. Don't forget to try their shawarma as well.



Pho Viet**Cuisine:** Vietnamese**Neighborhood:** Allston**Location:** 1095 Commonwealth Ave.**Price:** \$**Summary:** THE best Vietnamese food in Boston

Look no further than Super 88 Market when it comes to a one stop shop for all the Asian cuisine you can get your hands on. What it admittedly lacks in atmosphere it surely makes up for with taste. Multiple vendors serve generous portions of casual Asian fare, from Korean bi bim bap to dim sum to sushi. While all vendors are delicious and very affordable, the spotlight goes to Pho Viet, featuring a gigantic menu filled with world class Vietnamese cuisine. Fan favorites include a banh mi sandwich for just \$6 and pho for \$8, which can feed multiple people. To top it off, there is an attached Asian specialty supermarket – you will surely come back for more!

**Bottega di Capri****Cuisine:** Italian**Neighborhood:** Brookline Village**Location:** 41 Harvard St.**Price:** \$\$**Summary:** Pasta worth paying for

I typically don't like going to a restaurant and paying for pasta, because I think it is easy enough to just boil it up yourself, but Bottega di Capri is an exception to this rule. You will agree after a bite of penne topped with one of numerous homemade sauces, and at reasonable prices. While the venue is small, this contributes to the atmosphere that you have been welcomed into someone's home. Try the vodka sauce, delizioso!

**Saus****Cuisine:** Belgian Fries**Neighborhood:** Downtown (Haymarket)**Location:** 33 Union St.**Price:** \$**Summary:** Pomme frites and poutine, bon appetite!

Authentic Belgian Fries are the fare here...featuring about 15 dipping sauces! From truffle ketchup, to smoky chipotle mayo, to bacon-parm, try each sauce before you graduate! The large frites is just \$7. They boast an outstanding craft beer and cider menu, and also serve poutine with toppings that include pork belly, bacon bits, and braised beef – you'll feel like you're in Montreal!

**OliToki****Cuisine:** Korean-Mexican Fusion**Neighborhood:** Allston**Location:** 76 Brighton Ave.**Price:** \$**Summary:** Delicious and unique fusion concept: Kimchi meets burrito

A novel fusion concept that is sure to tantalize your taste buds – featuring mainstays of Mexican cuisine such as quesadillas, burritos, and tacos; inflected with a Korean twist, featuring fillings such as kimchi, beef bulgogi, and chicken with a soy-ginger glaze. Seating is limited, though that should not dissuade you from coming to try the bacon kimchi fried rice balls for \$5 or the tater tot/nacho fusion dish known as "totchos" with bulgogi for \$8. The health conscious need not apply.



The Druid

Cuisine: Irish Pub Food

Neighborhood: Inman Square (Cambridge)

Location: 1357 Cambridge St.

Price: \$\$

Summary: Quintessential Irish pub, featuring live Gaelic music, perfectly poured Guinness, and the best fish and chips in the Boston area

Boston is known for its fish and chips, yet it is this Cambridge based pub that serves the best version in the area,



with the aptly titled “Voted Best Fish & Chip” for \$17 – if you come here it will be worth the price. Other delicious Irish fare includes their hearty shepherd’s pie and seasonal oxtail with root vegetable and potato soup. Seating is limited, though if you come early enough you can usually get a seat, and you won’t be disappointed. There’s live traditional Irish music on Tuesdays at 9pm and Saturdays at 4pm. Sit back, enjoy a Guinness, and have a grand ole time.

Barcelona

Cuisine: Spanish

Tapas and Wine Bar

Neighborhood:

**Washington Square
(Brookline)**

Location: 1700 Beacon St.

Price: \$\$\$

Summary: A tapas place that actually gets you full...and the food is pretty outstanding too

Good things often come

in small packages, and when it comes to compact yet decadent tapas made for sharing over a nice glass of wine, Barcelona certainly does not disappoint. The dishes are elegant in their simplicity – be sure to try the patatas bravas (\$7), the jamon & manchego croquetas (\$5.50), and the hanger steak with truffle vinaigrette (\$11.50), which are all some of my personal favorites, over a glass of your favorite wine, sangria, or sherry. Aside from the tapas, consider ordering an authentic charcuterie, featuring a broad selection of cured meats and cheeses (\$6.50 for one, \$17.50 for three), or how about a classic seafood paella (\$24.50 per person). If visiting over the weekend don’t forget to make a reservation, they fill up quickly. Buen Provecho!



Kupel’s Bakery

Cuisine: Bakery/Bagels

Neighborhood: Coolidge Corner
(Brookline)

Location: 421 Harvard St.

Price: \$

Summary: Boston is not known for its bagels...and then there was Brookline

Okay, so my other biggest fear in addition to not finding good falafel in Boston was not finding

good bagels, because lets face it, bagels are more of a New York thing.



Enter this small yet bustling little bakery in Brookline, and you’ll think you’d landed right back in the Lower East Side of Manhattan. Bagels here sell for a dollar or less, and you can top it off with a variety of flavored cream cheeses, or perhaps get it as a sandwich with smoked salmon. They also serve plenty of pastries, including croissants, danishes, and muffins.

Mamma Maria

Cuisine: Italian

Neighborhood: North End

Location: 3 North Square

Price: \$\$\$\$

Summary: Old World Italian with a Romantic Atmosphere

Look no further than Boston’s bustling North End in order to get a taste of Italy. With many wonderful places to choose from, Mamma

Maria takes the cake (or the cannoli) for what is quite possibly the best Italian



food I’ve had outside of Italy. Make no mistake, this paragon of culinary excellence is a splurge, so save this one for a special occasion, whether celebrating a birthday, an anniversary, or passing the core. I personally recommend the braised rabbit over Tuscan pappardelle pasta (\$29), or quite possibly the best dish I’ve had in Boston: Veal osso buco over saffron risotto Milanese (\$48). Mangia!

Yoma

Cuisine: Burmese

Neighborhood: Allston

Location: 5 N Beacon St.

Price: \$\$

Summary: One of a kind, vegetarian friendly, family run restaurant serving the eclectic Burmese cuisine and the best salad you will ever eat!

If you are searching for a culinary adventure, look no

further than Allston for a wonderful taste of Myanmar. Burmese food combines some of the best aspects of Thai, Indian, and Chinese cuisine into a true palate pleaser. However, it is the truly surprising and delicious tea salad (\$10) that keeps me coming back for more, and I am not even a salad person! Centered around the uniquely Burmese tradition of eating fermented tea leaves, this healthy salad, combined with the warm and hospitable atmosphere, will leave you with a happy and healthy feeling inside.



Zaftigs Delicatessen

Cuisine: Diner and Deli Food

Neighborhood: Coolidge Corner (Brookline)

Location: 335 Harvard St.

Price: \$\$

Summary: Breakfast, brunch, lunch, second lunch, dinner, supper, dessert...you name it, they've got it

Everyone needs a good diner, a place to relax and have some nice comfort food for any time of the day – something that Zaftigs excels at. “Zaftig” happens to be Yiddish for “chubby,” and you will certainly feel that way walking out of here, but what’s the harm in that? With a nearly encyclopedic menu, crowd favorites include the challah French toast (\$9.95), BBQ brisket quesadilla (\$9.95), and the classic Reuben sandwich, featuring corned beef, Swiss cheese, sauerkraut, and Russian dressing on grilled pumpernickel (\$12.95).



Cutty's

Cuisine: Sandwiches

Neighborhood: Brookline Village (Brookline)

Location: 284 Washington Street

Price: \$\$

Summary: A simple set classic dish perfected, featuring the coveted monthly buttermilk fried chicken sandwich



This relatively nondescript gem in Brookline Village may appear to fly under the radar, but make no mistake – they’re making waves! The Daily Meal recently named the Spuckie the best sandwich in Massachusetts. Consisting of fennel salami, hot capicola, mortadella, mozzarella, olive-carrot salad on ciabatta, this sandwich certainly earns this esteemed designation (\$5.95 sm/\$10.95 lg). However, it is the coveted buttermilk fried chicken sandwich (\$11.95) sold only during the monthly “Super Cluckin’ Sunday” that truly makes this place legendary. This dish goes on sale at 10am on a designated Sunday until they sell out, so make sure to check the date on their website and get there early – I’ve been through the wait in the bitter cold and let me tell you, it is worth it!

Curds and Co

Cuisine: Cheese Shop

Neighborhood: Brookline Village (Brookline)

Location: 288 Washington Street

Price: \$\$

Summary: Cute and professionally run store for the cheesemonger inside of us all

Recently founded in 2017, this homey cheese shop has a warm and inviting atmosphere. With plentiful samples to cheese from (I mean choose from), allow the expert cheesemongers to help you plan a perfect cheese platter for any occasion, from a romantic night with a loved one, to hosting a fancy dinner party. They also feature a variety of cured meats, jams, chutneys, and wines. I promise that you will never go back to generic supermarket cheese again!



Toscanini's Ice Cream**Cuisine:** Ice Cream**Neighborhood:** East Cambridge**Location:** 159 First St.**Price:** \$**Summary:** Ridiculously good ice cream

When I hear about a supposedly amazing ice cream place that I "must" try, the first thing that pops into my head is that it is probably overrated. I was so wrong to think that about Toscanini's - one of the top two ice cream establishments I have ever been to. The B3 (burnt butter, brown sugar, and brownie bites) is out of

this world good and I cannot recommend it enough, and the prices are reasonable. I would recommend this place in a heartbeat - I promise it's not overrated!

Dolphin Bay**Cuisine:** Taiwanese**Neighborhood:** Allston**Location:** 72 Brighton Avenue**Price:** \$**Summary:** Outstanding Homecooked Taiwanese Food

I cannot stop thinking about this meal, possibly the single best dining experience I have had in Boston in 2018. This nondescript family-run business makes seriously outstanding Taiwanese comfort food, which is unbelievably packed with flavor. Start off with the popcorn chicken (\$5.50), seasoned to absolute perfection. The pork rice (\$7.50), features a bed of rice topped with a heaping portion of Taiwanese minced pork, with a creamy and rich side of potatoes, corn, and carrots. Finally, the braised beef soup (\$9.75) is filled with some of the richest broth I have ever tasted and filled with chunks of succulent beef that will melt in your mouth. Make sure you try at least these three dishes when you, I cannot recommend this place enough!

Jin's**Cuisine:** Chinese Lunch Buffet with Sushi**Neighborhood:** Coolidge Corner
(Brookline)**Location:****Price:** \$**Summary:** Excellent value Chinese lunch buffet that even includes sushi!

While this establishment serves casual Chinese fare, it is the lunch buffet provides truly excellent value, at only \$12.95 per person, including weekends! They offer a nice variety of rotating daily options, including crab rangoon, sesame chicken, and pork dumplings; and even feature some pretty solid sushi under the umbrella of the buffet. You really cannot beat this place in Brookline for the value combined with the quality of food and friendly service.

